## Fililiza skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 1 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 18:51 in 12 hour <br> clock format |  |
| 2 | Write 22:07 in 12 hour <br> clock format |  |
| 3 | Write 2:02 pm in 24 hour <br> clock format |  |
| 4 | Write 11:11 am in 24 <br> hour clock format |  |
| 5 | Write 9:10 pm in 24 hour <br> clock format |  |
| 6 | Write 07:45 in 12 hour <br> clock format |  |
| 7 | Write 20:27 in 12 hour <br> clock format |  |
| 8 | Write 19:34 in 12 hour <br> clock format |  |
| 9 | Write 10:48 pm in 24 <br> hour clock format |  |
| 10 | Write 10:11 pm in 24 <br> hour clock format |  |


| Day 2 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 05:39 in 12 hour <br> clock format |  |
| 2 | Write 12:35 pm in 24 <br> hour clock format |  |
| 3 | Write 14:57 in 12 hour <br> clock format |  |
| 4 | Write 1:05 am in 24 hour <br> clock format |  |
| 5 | Write 12:35 pm in 24 <br> hour clock format |  |
| 6 | Write 9:25 pm in 24 hour <br> clock format |  |
| 7 | Write 19:30 in 12 hour <br> clock format |  |
| 8 | Write 22:15 in 12 hour <br> clock format |  |
| 9 | Write 01:10 in 12 hour <br> clock format |  |
| 10 | Write 14:39 in 12 hour <br> clock format |  |

## Fililiva skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 3 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 22:02 in 12 hour <br> clock format |  |
| 2 | Write 5:25 am in 24 hour <br> clock format |  |
| 3 | Write 04:16 in 12 hour <br> clock format |  |
| 4 | Write 15:23 in 12 hour <br> clock format |  |
| 5 | Write 12:46 pm in 24 <br> hour clock format |  |
| 6 | Write 10:38 pm in 24 <br> hour clock format |  |
| 7 | Write 10:38 pm in 24 <br> hour clock format |  |
| 8 | Write 19:12 in 12 hour <br> clock format |  |
| 9 | Write 8:59 am in 24 hour <br> clock format |  |
| 10 | Write 19:12 in 12 hour <br> clock format |  |


| Day 4 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 07:19 in 12 hour <br> clock format |  |
| 2 | Write 17:20 in 12 hour <br> clock format |  |
| 3 | Write 14:30 in 12 hour <br> clock format |  |
| 4 | Write 6:02 pm in 24 hour <br> clock format |  |
| 5 | Write 19:03 in 12 hour <br> clock format |  |
| 6 | Write 1:40 pm in 24 hour <br> clock format |  |
| 7 | Write 7:36 pm in 24 hour <br> clock format |  |
| 8 | Write 14:33 in 12 hour <br> clock format |  |
| 9 | Write 01:12 in 12 hour <br> clock format |  |
| 10 | Write 1:04 pm in 24 hour <br> clock format |  |

## Fililisa skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 5 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 6:35 pm in 24 hour <br> clock format |  |
| 2 | Write 1:56 pm in 24 hour <br> clock format |  |
| 3 | Write 19:13 in 12 hour <br> clock format |  |
| 4 | Write 12:41 in 12 hour <br> clock format |  |
| 5 | Write 19:21 in 12 hour <br> clock format |  |
| 6 | Write 4:07 am in 24 hour <br> clock format |  |
| 7 | Write 1:47 am in 24 hour <br> clock format |  |
| 8 | Write 14:42 in 12 hour <br> clock format |  |
| 9 | Write 14:04 in 12 hour <br> clock format |  |
| 10 | Write 4:54 am in 24 hour <br> clock format |  |


| Day 6 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 2:50 pm in 24 hour <br> clock format |  |
| 2 | Write 19:03 in 12 hour <br> clock format |  |
| 3 | Write 02:21 in 12 hour <br> clock format |  |
| 4 | Write 15:33 in 12 hour <br> clock format |  |
| 5 | Write 11:04 in 12 hour <br> clock format |  |
| 6 | Write 05:39 in 12 hour <br> clock format |  |
| 7 | Write $10: 03$ pm in 24 <br> hour clock format |  |
| 8 | Write 8:06 pm in 24 hour <br> clock format |  |
| 9 | Write 8:44 pm in 24 hour <br> clock format |  |
| 10 | Write 04:41 in 12 hour <br> clock format |  |

## Fililize skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 7 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 5:29 pm in 24 hour <br> clock format |  |
| 2 | Write 3:35 pm in 24 hour <br> clock format |  |
| 3 | Write 8:40 pm in 24 hour <br> clock format |  |
| 4 | Write 10:01 pm in 24 <br> hour clock format |  |
| 5 | Write 2:35 pm in 24 hour <br> clock format |  |
| 6 | Write 9:00 pm in 24 hour <br> clock format |  |
| 7 | Write 05:57 in 12 hour <br> clock format |  |
| 8 | Write 23:52 in 12 hour <br> clock format |  |
| 9 | Write 21:09 in 12 hour <br> clock format |  |
| 10 | Write 14:56 in 12 hour <br> clock format |  |


| Day 8 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 05:19 in 12 hour <br> clock format |  |
| 2 | Write 18:44 in 12 hour <br> clock format |  |
| 3 | Write 16:48 in 12 hour <br> clock format |  |
| 4 | Write 5:35 am in 24 hour <br> clock format |  |
| 5 | Write 20:19 in 12 hour <br> clock format |  |
| 6 | Write 9:22 pm in 24 hour <br> clock format |  |
| 7 | Write 10:11 in 12 hour <br> clock format |  |
| 8 | Write 7:34 am in 24 hour <br> clock format |  |
| 9 | Write 06:24 in 12 hour <br> clock format |  |
| 10 | Write 07:10 in 12 hour <br> clock format |  |

## Fililisa skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 9 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 8:21 am in 24 hour <br> clock format |  |
| 2 | Write 07:44 in 12 hour <br> clock format |  |
| 3 | Write 10:27 pm in 24 <br> hour clock format |  |
| 4 | Write 01:56 in 12 hour <br> clock format |  |
| 5 | Write 7:39 am in 24 hour <br> clock format |  |
| 6 | Write 16:57 in 12 hour <br> clock format |  |
| 7 | Write 16:07 in 12 hour <br> clock format |  |
| 8 | Write 9:17 pm in 24 hour <br> clock format |  |
| 9 | Write 07:44 in 12 hour <br> clock format |  |
| 10 | Write 16:31 in 12 hour <br> clock format |  |


| Day 10 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 7:26 pm in 24 hour <br> clock format |  |
| 2 | Write 00:17 in 12 hour <br> clock format |  |
| 3 | Write 15:28 in 12 hour <br> clock format |  |
| 4 | Write 7:11 am in 24 hour <br> clock format |  |
| 5 | Write $11: 58$ am in 24 <br> hour clock format |  |
| 6 | Write $3: 34$ am in 24 hour <br> clock format |  |
| 7 | Write 1:51 pm in 24 hour <br> clock format |  |
| 8 | Write $9: 38$ am in 24 hour <br> clock format |  |
| 9 | Write 00:46 in 12 hour <br> clock format |  |
| 10 | Write 04:53 in 12 hour <br> clock format |  |

## Filivisa skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 1 |  | Answer |
| :--- | :--- | :--- |
| Q | Question | 6:51 pm |
| 1 | Write 18:51 in 12 hour <br> clock format | $10: 07$ <br> pm |
| 2 | Write 22:07 in 12 hour <br> clock format | $14: 02$ |
| 3 | Write 2:02 pm in 24 hour <br> clock format | $\mathbf{1 1 : 1 1}$ |
| 4 | Write 11:11 am in 24 <br> hour clock format | $\mathbf{2 1 : 1 0}$ |
| 5 | Write 9:10 pm in 24 hour <br> clock format | Write 07:45 in 12 hour <br> clock format |
| 7 | Write 20:27 in 12 hour <br> clock format | $7: 34 \mathrm{pm}$ |
| 8 | Write 19:34 in 12 hour <br> clock format | $22: 48$ |
| 9 | Write 10:48 pm in 24 <br> hour clock format | $22: 11$ |
| 10 | Write 10:11 pm in 24 <br> hour clock format |  |


| Day 2 |  |  |
| :---: | :---: | :---: |
| Q | Question | Answer |
| 1 | Write 05:39 in 12 hour clock format | 5:39 am |
| 2 | Write 12:35 pm in 24 hour clock format | 12:35 |
| 3 | Write 14:57 in 12 hour clock format | 2:57 pm |
| 4 | Write 1:05 am in 24 hour clock format | 01:05 |
| 5 | Write 12:35 pm in 24 hour clock format | 12:35 |
| 6 | Write 9:25 pm in 24 hour clock format | 21:25 |
| 7 | Write 19:30 in 12 hour clock format | 7:30 pm |
| 8 | Write 22:15 in 12 hour clock format | $\begin{aligned} & \text { 10:15 } \\ & \mathrm{pm} \\ & \hline \end{aligned}$ |
| 9 | Write 01:10 in 12 hour clock format | 1:10 am |
| 10 | Write 14:39 in 12 hour clock format | 2:39 pm |

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## Filivisa skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 3 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 22:02 in 12 hour <br> clock format | $10: 02$ <br> pm |
| 2 | Write 5:25 am in 24 hour <br> clock format | $05: 25$ |
| 3 | Write 04:16 in 12 hour <br> clock format | $4: 16 \mathrm{am}$ |
| 4 | Write 15:23 in 12 hour <br> clock format | $3: 23 \mathrm{pm}$ |
| 5 | Write 12:46 pm in 24 <br> hour clock format | $12: 46$ |
| 6 | Write 10:38 pm in 24 <br> hour clock format | $22: 38$ |
| 7 | Write 10:38 pm in 24 <br> hour clock format | $22: 38$ |
| 8 | Write 19:12 in 12 hour <br> clock format | $7: 12 \mathrm{pm}$ |
| 9 | Write 8:59 am in 24 hour <br> clock format | $08: 59$ |
| 10 | Write 19:12 in 12 hour <br> clock format | $7: 12 \mathrm{pm}$ |


| Day 4 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 07:19 in 12 hour <br> clock format | $7: 19 \mathrm{am}$ |
| 2 | Write 17:20 in 12 hour <br> clock format | $5: 20 \mathrm{pm}$ |
| 3 | Write 14:30 in 12 hour <br> clock format | $2: 30 \mathrm{pm}$ |
| 4 | Write 6:02 pm in 24 hour <br> clock format | $18: 02$ |
| 5 | Write 19:03 in 12 hour <br> clock format | $7: 03 \mathrm{pm}$ |
| 6 | Write 1:40 pm in 24 hour <br> clock format | $13: 40$ |
| 7 | Write 7:36 pm in 24 hour <br> clock format | $19: 36$ |
| 8 | Write 14:33 in 12 hour <br> clock format | $2: 33 \mathrm{pm}$ |
| 9 | Write 01:12 in 12 hour <br> clock format | $1: 12 \mathrm{am}$ |
| 10 | Write 1:04 pm in 24 hour <br> clock format | $13: 04$ |

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## Fililiza skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 5 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 6:35 pm in 24 hour <br> clock format | $18: 35$ |
| 2 | Write 1:56 pm in 24 hour <br> clock format | $13: 56$ |
| 3 | Write 19:13 in 12 hour <br> clock format | $7: 13 \mathrm{pm}$ |
| 4 | Write 12:41 in 12 hour <br> clock format | $12: 41$ <br> pm |
| 5 | Write 19:21 in 12 hour <br> clock format | $7: 21 \mathrm{pm}$ |
| 6 | Write 4:07 am in 24 hour <br> clock format | $04: 07$ |
| 7 | Write 1:47 am in 24 hour <br> clock format | $01: 47$ |
| 8 | Write 14:42 in 12 hour <br> clock format | $2: 42 \mathrm{pm}$ |
| 9 | Write 14:04 in 12 hour <br> clock format | $2: 04 \mathrm{pm}$ |
| 10 | Write 4:54 am in 24 hour <br> clock format | $04: 54$ |


| Day 6 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 2:50 pm in 24 hour <br> clock format | $14: 50$ |
| 2 | Write 19:03 in 12 hour <br> clock format | $7: 03 \mathrm{pm}$ |
| 3 | Write 02:21 in 12 hour <br> clock format | $2: 21 \mathrm{am}$ |
| 4 | Write 15:33 in 12 hour <br> clock format | $3: 33 \mathrm{pm}$ |
| 5 | Write 11:04 in 12 hour <br> clock format | $11: 04$ <br> am |
| 6 | Write 05:39 in 12 hour <br> clock format | $5: 39 \mathrm{am}$ |
| 7 | Write 10:03 pm in 24 <br> hour clock format | $22: 03$ |
| 8 | Write 8:06 pm in 24 hour <br> clock format | $20: 06$ |
| 9 | Write 8:44 pm in 24 hour <br> clock format | $20: 44$ |
| 10 | Write 04:41 in 12 hour <br> clock format | $4: 41$ am |

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## Fililiza skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 7 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 5:29 pm in 24 hour <br> clock format | $17: 29$ |
| 2 | Write 3:35 pm in 24 hour <br> clock format | $15: 35$ |
| 3 | Write 8:40 pm in 24 hour <br> clock format | $20: 40$ |
| 4 | Write 10:01 pm in 24 <br> hour clock format | $22: 01$ |
| 5 | Write 2:35 pm in 24 hour <br> clock format | $14: 35$ |
| 6 | Write 9:00 pm in 24 hour <br> clock format | $21: 00$ |
| 7 | Write 05:57 in 12 hour <br> clock format | $5: 57 \mathrm{am}$ |
| 8 | Write 23:52 in 12 hour <br> clock format | $11: 52$ <br> pm |
| 9 | Write 21:09 in 12 hour <br> clock format | $9: 09 \mathrm{pm}$ |
| 10 | Write 14:56 in 12 hour <br> clock format | $2: 56 \mathrm{pm}$ |


| Day 8 |  |  |
| :---: | :---: | :---: |
| Q | Question | Answer |
| 1 | Write 05:19 in 12 hour clock format | 5:19 am |
| 2 | Write 18:44 in 12 hour clock format | 6:44 pm |
| 3 | Write 16:48 in 12 hour clock format | 4:48 pm |
| 4 | Write 5:35 am in 24 hour clock format | 05:35 |
| 5 | Write 20:19 in 12 hour clock format | 8:19 pm |
| 6 | Write 9:22 pm in 24 hour clock format | 21:22 |
| 7 | Write 10:11 in 12 hour clock format | $\begin{aligned} & 10: 11 \\ & \mathrm{am} \end{aligned}$ |
| 8 | Write 7:34 am in 24 hour clock format | 07:34 |
| 9 | Write 06:24 in 12 hour clock format | 6:24 am |
| 10 | Write 07:10 in 12 hour clock format | 7:10 am |

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## Fililiza skil focus

## 24 Hour Clock <br> Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 9 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 8:21 am in 24 hour <br> clock format | $08: 21$ |
| 2 | Write 07:44 in 12 hour <br> clock format | $7: 44 \mathrm{am}$ |
| 3 | Write 10:27 pm in 24 <br> hour clock format | $22: 27$ |
| 4 | Write 01:56 in 12 hour <br> clock format | $1: 56 \mathrm{am}$ |
| 5 | Write 7:39 am in 24 hour <br> clock format | $07: 39$ |
| 6 | Write 16:57 in 12 hour <br> clock format | $4: 57 \mathrm{pm}$ |
| 7 | Write 16:07 in 12 hour <br> clock format | $4: 07 \mathrm{pm}$ |
| 8 | Write 9:17 pm in 24 hour <br> clock format | $21: 17$ |
| 9 | Write 07:44 in 12 hour <br> clock format | $7: 44 \mathrm{am}$ |
| 10 | Write 16:31 in 12 hour <br> clock format | $4: 31 \mathrm{pm}$ |


| Day 10 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | Write 7:26 pm in 24 hour <br> clock format | $19: 26$ |
| 2 | Write 00:17 in 12 hour <br> clock format | $12: 17$ <br> am |
| 3 | Write 15:28 in 12 hour <br> clock format | $3: 28 \mathrm{pm}$ |
| 4 | Write 7:11 am in 24 hour <br> clock format | $07: 11$ |
| 5 | Write 11:58 am in 24 <br> hour clock format | $11: 58$ |
| 6 | Write 3:34 am in 24 hour <br> clock format | $03: 34$ |
| 7 | Write 1:51 pm in 24 hour <br> clock format | $13: 51$ |
| 8 | Write 9:38 am in 24 hour <br> clock format | $09: 38$ |
| 9 | Write 00:46 in 12 hour <br> clock format | $12: 46$ <br> am |
| 10 | Write 04:53 in 12 hour <br> clock format | $4: 53$ am |

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