## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 1 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | $20: 08$ is how many <br> minutes after $19: 40 ?$ |  |
| 2 | $3: 44$ am is how many <br> minutes after 3:20 am? |  |
| 3 | $03: 24$ is how many <br> minutes after 03:06? |  |
| 4 | From 07:27, how many <br> minutes until 07:29? |  |
| 5 | $10: 33$ pm is how many <br> minutes after 10:15 pm? |  |
| 6 | From 08:00, how many <br> minutes until 08:24? |  |
| 7 | From 9:18 am, how many <br> minutes until 9:26 am? |  |
| 8 | 5:15 am is how many <br> minutes after 5:07 am? |  |
| 9 | $1: 17$ pm is how many <br> minutes after 1:05 pm? |  |
| 10 | $5: 15$ am is how many <br> minutes after 5:07 am? |  |


| Day 2 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 10:58, how many <br> minutes until $11: 23 ?$ |  |
| 2 | $10: 52$ pm is how many <br> minutes after 10:48 pm? |  |
| 3 | From 2:55 am, how many <br> minutes until 2:56 am? |  |
| 4 | $6: 26$ am is how many <br> minutes after 6:12 am? |  |
| 5 | 9:12 am is how many <br> minutes after 8:32 am? |  |
| 6 | From 13:08, how many <br> minutes until $13: 31 ?$ |  |
| 7 | From 1:35 pm, how many <br> minutes until 2:06 pm? |  |
| 8 | $7: 15$ pm is how many <br> minutes after 6:50 pm? |  |
| 9 | From 02:33, how many <br> minutes until 03:24? |  |
| 10 | From 2:37 am, how many <br> minutes until 3:16 am? |  |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 3 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From $14: 45, ~ h o w ~ m a n y ~$ <br> minutes until $15: 00 ?$ |  |
| 2 | $11: 39$ is how many <br> minutes after $10: 59 ?$ |  |
| 3 | $8: 24$ am is how many <br> minutes after $7: 46$ am? |  |
| 4 | $9: 39$ pm is how many <br> minutes after $8: 58$ pm? |  |
| 5 | $2: 52$ pm is how many <br> minutes after $2: 30$ pm? |  |
| 6 | From $0: 33$ am, how many <br> minutes until $1: 31$ am? |  |
| 7 | $9: 39$ pm is how many <br> minutes after $8: 58$ pm? |  |
| 8 | From $17: 11$, how many <br> minutes until $17: 36 ?$ |  |
| 9 | $10: 45$ is how many <br> minutes after $10: 07 ?$ |  |
| 10 | $17: 00$ is how many <br> minutes after $16: 36 ?$ |  |


| Day 4 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | $14: 19$ is how many <br> minutes after $13: 58 ?$ |  |
| 2 | From $10: 07$ am, how <br> many minutes until $10: 38$ <br> am? |  |
| 3 | From 3:13 am, how many <br> minutes until $3: 19$ am? |  |
| 4 | From $14: 18$, how many <br> minutes until $14: 49 ?$ |  |
| 5 | $9: 49$ am is how many <br> minutes after $9: 31$ am? |  |
| 6 | $4: 46$ am is how many <br> minutes after $4: 38$ am? |  |
| 7 | From $16: 39$, how many <br> minutes until $17: 31 ?$ |  |
| 8 | From 3:13 am, how many <br> minutes until $3: 19$ am? |  |
| 9 | $19: 46$ is how many <br> minutes after $19: 12 ?$ |  |
| 10 | From 3:43 pm, how many <br> minutes until $4: 41$ pm? |  |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 5 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 1:22 am, how many <br> minutes until 1:45 am? |  |
| 2 | From 6:24 am, how many <br> minutes until 6:51 am? |  |
| 3 | $7: 51$ am is how many <br> minutes after $7: 12$ am? |  |
| 4 | From 8:32 am, how many <br> minutes until 9:14 am? |  |
| 5 | $04: 04$ is how many <br> minutes after 03:36? |  |
| 6 | $9: 54$ pm is how many <br> minutes after $9: 10$ pm? |  |
| 7 | $8: 50$ pm is how many <br> minutes after $8: 10$ pm? |  |
| 8 | From 08:14, how many <br> minutes until 08:38? |  |
| 9 | From 10:10 am, how <br> many minutes until $10: 24$ <br> am? |  |
| 10 | From 21:44, how many <br> minutes until $22: 44 ?$ |  |


| Day 6 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | $16: 29$ is how many <br> minutes after 15:49? |  |
| 2 | $2: 12$ am is how many <br> minutes after 1:21 am? |  |
| 3 | From 8:08 am, how many <br> minutes until 8:22 am? |  |
| 4 | $16: 29$ is how many <br> minutes after 15:49? |  |
| 5 | From 21:40, how many <br> minutes until $21: 51 ?$ |  |
| 6 | $20: 37$ is how many <br> minutes after 19:42? |  |
| 7 | From 09:12, how many <br> minutes until 09:29? |  |
| 8 | From 6:20 pm, how many <br> minutes until 6:23 pm? |  |
| 9 | From 16:54, how many <br> minutes until $16: 55 ?$ |  |
| 10 | From 8:08 am, how many <br> minutes until 8:22 am? |  |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 7 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 9:44 pm, how many <br> minutes until $10: 18$ pm? |  |
| 2 | $8: 25$ am is how many <br> minutes after $7: 58$ am? |  |
| 3 | From 05:24, how many <br> minutes until 05:36? |  |
| 4 | From 13:29, how many <br> minutes until 14:11? |  |
| 5 | $5: 30$ pm is how many <br> minutes after $5: 24$ pm? |  |
| 6 | $3: 16$ am is how many <br> minutes after $2: 43$ am? |  |
| 7 | From $10: 24$ pm, how <br> many minutes until $10: 40$ <br> pm? |  |
| 8 | $3: 46$ pm is how many <br> minutes after 3:01 pm? |  |
| 9 | From 2:54 am, how many <br> minutes until 3:20 am? |  |
| 10 | $20: 59$ is how many <br> minutes after $20: 02 ?$ |  |


| Day 8 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From $15: 55, ~ h o w ~ m a n y ~$ <br> minutes until $16: 29 ?$ |  |
| 2 | From 09:22, how many <br> minutes until 09:59? |  |
| 3 | $1: 28$ am is how many <br> minutes after $1: 15$ am? |  |
| 4 | $17: 47$ is how many <br> minutes after $17: 34 ?$ |  |
| 5 | $4: 10$ am is how many <br> minutes after 3:55 am? |  |
| 6 | From 03:39, how many <br> minutes until 04:15? |  |
| 7 | $15: 18$ is how many <br> minutes after $14: 25 ?$ |  |
| 8 | From 7:07 am, how many <br> minutes until $7: 56$ am? |  |
| 9 | $11: 57$ is how many <br> minutes after $11: 29 ?$ |  |
| 10 | From 03:39, how many <br> minutes until 04:15? |  |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 9 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From $8: 06$ am, how many <br> minutes until 8:30 am? |  |
| 2 | From $1: 18$ pm, how many <br> minutes until 2:09 pm? |  |
| 3 | $20: 31$ is how many <br> minutes after $19: 44 ?$ |  |
| 4 | $6: 14$ pm is how many <br> minutes after $5: 21$ pm? |  |
| 5 | $4: 42$ am is how many <br> minutes after 3:55 am? |  |
| 6 | From $5: 12$ am, how many <br> minutes until $6: 08$ am? |  |
| 7 | $10: 03$ pm is how many <br> minutes after $9: 50$ pm? |  |
| 8 | From 06:51, how many <br> minutes until 07:26? |  |
| 9 | $9: 12$ am is how many <br> minutes after $8: 34$ am? |  |
| 10 | From 8:44 am, how many <br> minutes until 9:10 am? |  |


| Day 10 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | $7: 06$ am is how many <br> minutes after $6: 49$ am? |  |
| 2 | $14: 24$ is how many <br> minutes after $14: 19 ?$ |  |
| 3 | $3: 02$ am is how many <br> minutes after $2: 11$ am? |  |
| 4 | 9:59 am is how many <br> minutes after $9: 53$ am? |  |
| 5 | From 3:23 pm, how many <br> minutes until 3:36 pm? |  |
| 6 | $2: 29$ pm is how many <br> minutes after $2: 23$ pm? |  |
| 7 | $11: 59$ is how many <br> minutes after $11: 42 ?$ |  |
| 8 | $7: 59$ pm is how many <br> minutes after 7:02 pm? |  |
| 9 | From 07:52, how many <br> minutes until 07:57? |  |
| 10 | From 6:51 pm, how many <br> minutes until 7:00 pm? |  |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 1 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | $20: 08$ is how many <br> minutes after $19: 40 ?$ | 28 |
| 2 | $3: 44$ am is how many <br> minutes after 3:20 am? | 24 |
| 3 | $03: 24$ is how many <br> minutes after 03:06? | 18 |
| 4 | From 07:27, how many <br> minutes until 07:29? | 2 |
| 5 | $10: 33$ pm is how many <br> minutes after $10: 15$ pm? | 18 |
| 6 | From 08:00, how many <br> minutes until 08:24? | 24 |
| 7 | From 9:18 am, how many <br> minutes until 9:26 am? | 8 |
| 8 | $5: 15$ am is how many <br> minutes after 5:07 am? | 8 |
| 9 | $1: 17$ pm is how many <br> minutes after $1: 05$ pm? | 12 |
| 10 | $5: 15$ am is how many <br> minutes after $5: 07$ am? | 8 |


| Day 2 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 10:58, how many <br> minutes until $11: 23 ?$ | 25 |
| 2 | $10: 52$ pm is how many <br> minutes after 10:48 pm? | 4 |
| 3 | From 2:55 am, how many <br> minutes until 2:56 am? | 1 |
| 4 | $6: 26$ am is how many <br> minutes after 6:12 am? | 14 |
| 5 | 9:12 am is how many <br> minutes after 8:32 am? | 40 |
| 6 | From 13:08, how many <br> minutes until $13: 31 ?$ | 23 |
| 7 | From 1:35 pm, how many <br> minutes until 2:06 pm? | 31 |
| 8 | $7: 15$ pm is how many <br> minutes after 6:50 pm? | 25 |
| 9 | From 02:33, how many <br> minutes until 03:24? | 51 |
| 10 | From 2:37 am, how many <br> minutes until 3:16 am? | 39 |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 3 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 14:45, how many <br> minutes until 15:00? | 15 |
| 2 | $11: 39$ is how many <br> minutes after 10:59? | 40 |
| 3 | $8: 24$ am is how many <br> minutes after 7:46 am? | 38 |
| 4 | $9: 39$ pm is how many <br> minutes after 8:58 pm? | 41 |
| 5 | $2: 52$ pm is how many <br> minutes after $2: 30$ pm? | 22 |
| 6 | From 0:33 am, how many <br> minutes until $1: 31$ am? | 58 |
| 7 | $9: 39$ pm is how many <br> minutes after 8:58 pm? | 41 |
| 8 | From 17:11, how many <br> minutes until $17: 36 ?$ | 25 |
| 9 | $10: 45$ is how many <br> minutes after 10:07? | 38 |
| 10 | $17: 00$ is how many <br> minutes after 16:36? | 24 |


| Day 4 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | $14: 19$ is how many <br> minutes after 13:58? | 21 |
| 2 | From 10:07 am, how <br> many minutes until 10:38 <br> am? | 31 |
| 3 | From 3:13 am, how many <br> minutes until $3: 19$ am? | 6 |
| 4 | From $14: 18$, how many <br> minutes until $14: 49 ?$ | 31 |
| 5 | $9: 49$ am is how many <br> minutes after $9: 31$ am? | 18 |
| 6 | $4: 46$ am is how many <br> minutes after $4: 38$ am? | 8 |
| 7 | From $16: 39$, how many <br> minutes until $17: 31 ?$ | 52 |
| 8 | From 3:13 am, how many <br> minutes until $3: 19$ am? | 6 |
| 9 | $19: 46$ is how many <br> minutes after $19: 12 ?$ | 34 |
| 10 | From 3:43 pm, how many <br> minutes until $4: 41$ pm? | 58 |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 5 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 1:22 am, how many <br> minutes until 1:45 am? | 23 |
| 2 | From 6:24 am, how many <br> minutes until 6:51 am? | 27 |
| 3 | $7: 51$ am is how many <br> minutes after 7:12 am? | 39 |
| 4 | From 8:32 am, how many <br> minutes until 9:14 am? | 42 |
| 5 | $04: 04$ is how many <br> minutes after 03:36? | 28 |
| 6 | 9:54 pm is how many <br> minutes after 9:10 pm? | 44 |
| 7 | $8: 50$ pm is how many <br> minutes after 8:10 pm? | 40 |
| 8 | From 08:14, how many <br> minutes until 08:38? | 24 |
| 9 | From 10:10 am, how <br> many minutes until 10:24 <br> am? | 14 |
| 10 | From 21:44, how many <br> minutes until $22: 44 ?$ | 60 |


| Day 6 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | $16: 29$ is how many <br> minutes after 15:49? | 40 |
| 2 | $2: 12$ am is how many <br> minutes after 1:21 am? | 51 |
| 3 | From 8:08 am, how many <br> minutes until 8:22 am? | 14 |
| 4 | $16: 29$ is how many <br> minutes after 15:49? | 40 |
| 5 | From 21:40, how many <br> minutes until $21: 51 ?$ | 11 |
| 6 | $20: 37$ is how many <br> minutes after 19:42? | 55 |
| 7 | From 09:12, how many <br> minutes until 09:29? | 17 |
| 8 | From 6:20 pm, how many <br> minutes until 6:23 pm? | 3 |
| 9 | From 16:54, how many <br> minutes until $16: 55 ?$ | 1 |
| 10 | From 8:08 am, how many <br> minutes until 8:22 am? | 14 |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 7 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 9:44 pm, how many <br> minutes until $10: 18$ pm? | 34 |
| 2 | $8: 25$ am is how many <br> minutes after $7: 58$ am? | 27 |
| 3 | From 05:24, how many <br> minutes until 05:36? | 12 |
| 4 | From 13:29, how many <br> minutes until 14:11? | 42 |
| 5 | $5: 30$ pm is how many <br> minutes after $5: 24$ pm? | 6 |
| 6 | $3: 16$ am is how many <br> minutes after $2: 43$ am? | 33 |
| 7 | From $10: 24$ pm, how <br> many minutes until $10: 40$ <br> pm? | 16 |
| 8 | $3: 46$ pm is how many <br> minutes after 3:01 pm? | 45 |
| 9 | From 2:54 am, how many <br> minutes until 3:20 am? | 26 |
| 10 | $20: 59$ is how many <br> minutes after 20:02? | 57 |


| Day 8 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 15:55, how many <br> minutes until $16: 29 ?$ | 34 |
| 2 | From 09:22, how many <br> minutes until 09:59? | 37 |
| 3 | $1: 28$ am is how many <br> minutes after 1:15 am? | 13 |
| 4 | $17: 47$ is how many <br> minutes after $17: 34 ?$ | 13 |
| 5 | $4: 10$ am is how many <br> minutes after 3:55 am? | 15 |
| 6 | From 03:39, how many <br> minutes until 04:15? | 36 |
| 7 | $15: 18$ is how many <br> minutes after $14: 25 ?$ | 53 |
| 8 | From 7:07 am, how many <br> minutes until $7: 56$ am? | 49 |
| 9 | $11: 57$ is how many <br> minutes after $11: 29 ?$ | 28 |
| 10 | From 03:39, how many <br> minutes until 04:15? | 36 |

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## How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

| Day 9 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | From 8:06 am, how many <br> minutes until 8:30 am? | 24 |
| 2 | From 1:18 pm, how many <br> minutes until 2:09 pm? | 51 |
| 3 | $20: 31$ is how many <br> minutes after 19:44? | 47 |
| 4 | $6: 14$ pm is how many <br> minutes after 5:21 pm? | 53 |
| 5 | $4: 42$ am is how many <br> minutes after 3:55 am? | 47 |
| 6 | From $5: 12$ am, how many <br> minutes until 6:08 am? | 56 |
| 7 | $10: 03$ pm is how many <br> minutes after 9:50 pm? | 13 |
| 8 | From 06:51, how many <br> minutes until 07:26? | 35 |
| 9 | $9: 12$ am is how many <br> minutes after 8:34 am? | 38 |
| 10 | From 8:44 am, how many <br> minutes until 9:10 am? | 26 |


| Day 10 |  |  |
| :--- | :--- | :--- |
| Q | Question | Answer |
| 1 | $7: 06$ am is how many <br> minutes after 6:49 am? | 17 |
| 2 | $14: 24$ is how many <br> minutes after 14:19? | 5 |
| 3 | $3: 02$ am is how many <br> minutes after $2: 11$ am? | 51 |
| 4 | $9: 59$ am is how many <br> minutes after 9:53 am? | 6 |
| 5 | From 3:23 pm, how many <br> minutes until 3:36 pm? | 13 |
| 6 | $2: 29$ pm is how many <br> minutes after 2:23 pm? | 6 |
| 7 | $11: 59$ is how many <br> minutes after 11:42? | 17 |
| 8 | $7: 59$ pm is how many <br> minutes after 7:02 pm? | 57 |
| 9 | From 07:52, how many <br> minutes until 07:57? | 5 |
| 10 | From 6:51 pm, how many <br> minutes until 7:00 pm? | 9 |

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